

How soon can I return to work ?

You can return to work soon after leaving the doctors clinic.

What are the limitations for microdermabrasion ?

Since microdermabrasion works at the top layer of the skin it cannot be used for treating conditions like severe scars, burn scars, tattoos or removal of dark pigmented spots.

What are the benefits of microdermabrasion over other procedures?

Since microdermabrasion works at the top layer of the skin it cannot be used for treating conditions like severe scars, burn scars, tattoos or removal of dark pigmented spots.

Who is the best candidate for microdermabrasion ?

Most individuals with good health, good skin tone and those with realistic expectations are the best candidates for microdermabrasion.

By,
**TEAM SIG Lasers
& Aesthetics**



MICRODERMABRASION FAQ



RENEWDERM

New Mazagaon Co-op. Hsg. Soc. Ltd., A Wing 3rd Floor,
Office No 36(I) / 37, 370/371 Nesbit Road, Next to Mazagaon Court,
Mazagaon, Mumbai: 400 010. Tel : 022-23723724 / 23723725
For directions Please Google 'RENEWDERM'
Timing: (Mon - Fri) Morning - 9am to 1pm
Evening - 4:30pm to 7:30pm, Sat. - 10am to 6pm
Website : www.drshenazarsiwala.in
Mobile: 09821214856 / 9833309598
Email : drshenaz.arsiwala@gmail.com, renewderm@gmail.com
For Directions Please Google 'Renewderm Mumbai'



SAIFEE HOSPITAL

15/17, Maharshi Karve Rd.,
Consulting room: 3rd floor (Executive Health Check up.)
Charni Road Rly. Stn. Mumbai - 4.Tel.: 6757 0111 Ext :330.
Timing : 2pm to 4pm (Mon. to Fri.)



PRINCE ALY KHAN HOSPITAL

Aga Hall, Nesbit Road, Mazagaon, Mumbai - 10.
Tel.: 022-23732500, 23777835
Timings Cons.: 7:30pm to 9pm (Mon. to Fri.)



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RENEWDERM

SKIN . HAIR . LASERS . AESTHETICS CENTRE

What is microdermabrasion?

Microdermabrasion is a resurfacing technique causing mechanical abrasion of skin with aluminium crystals or a diamond tipped wand.



How does microdermabrasion work?

After cleansing the skin, the handheld device is held in contact with the skin and while in motion the crystals are blasted and simultaneously an attached vacuum suctions the exfoliating crystals and the dead or loosened skin back into the machine leaving the skin smooth and rejuvenated.

Is aluminium oxide safe?

Aluminium crystals are safe, non allergic ,non toxic, non carcinogenic and do not cause any adverse skin reactions. Your eyes are protected by eyecover to prevent crystals from getting inside the eyes. Inadvertant inhalation or ingestion of the crystals is of little concern.

Who can perform microdermabrasion?

Microdermabrasion can be performed by the plastic surgeons, dermatologists or licensed estheticians.

How long does it take to do microdermabrasion?

referred to as 'lunchtime peel' with no downtime microdermabrasion takes about 15 to 30 minutes for the face and about an hour if neck or other body parts are treated.



In what conditions is microdermabrasion indicated?

Microdermabrasion is used for treating light scarring, discolouration, sun damage, age spots ,blackheads, enlarged pores ,fine lines, stretch marks , uneven skin tone and most commonly for dull and lustreless skin.

How much does microdermabrasion cost?

Cost of microdermabrasion varies depending on factors like area to be treated and number of sessions .Your doctor will decide this.

How many treatments are required?

Most doctors suggest 6 to 12 microdermabrasion treatments at 2 weeks interval depending on the indication and response. You may see results as early as after 2 treatments but best results are observed after 5 treatments.You may have to schedule more treatments after every 2 to 3 months to maintain the results.

How do I prepare for microdermabrasion ?

Microdermabrasion is a minimally invasive and non surgical procedure with few treatment prerequisites. It is best to avoid using glycolic acid and retinol products, waxing and sunbathing 1 week before.

What will I experience during the treatment?

Microdermabrasion is a painless treatment .At the time of the treatment you may feel some stinging, itchininess or a vibrating sensation. Some redness, or swelling may be

What will I expect after the treatment?

What precautions do I take after the treatment?

During the first 24 hours the skin may feel dry later it may be flaky and more sensitive to sun exposure.You will need to keep the treated area well moisturised and clean .Avoid sun exposure or UV light sources for at least 1 week. Do not use ay peeling agents or face makeup for at least 3 to 4 days.

When do I expect visible results?

Your skin will look cleaner and healthier after a few treatments , depending on the skin type and machine used the results may be visible even after the first or second treatment. However best results are seen after at least 5 treatments.

Are there any contraindications for microdermabrasion?

Discuss your medical history with your doctor prior to the treatment .You may be unsuitable if you have the following warts, recent herpes outbreak, undiagnosed skin conditions, active acne, rosacea, eczema, dilated capillaries, unstable diabetes, autoimmune disorders, epilepsy or pregnancy.

