



Joint Programmes by Doctors & Dietician

- ✓ Weight Management (Follow up Mandatory)
- ✓ Hormone correction plan
- ✓ Correcting Nutritional Deficiency
- ✓ Detoxification plan
- ✓ Focal Fat Reduction using technology (Ultraformer III) for double chin, body parts
- ✓ With additional benefits of skin Lifting and Tightening



DR. SHEHNAZ ARSIWALA

M.D., D.D.V. (Gold Medalist)

RENEWDERM

SKIN . HAIR . LASERS . AESTHETICS CENTRE

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Timing: (Mon - Fri) Morning - 9am to 1pm

Evening - 4:30pm to 7:30pm, Sat. - 10am to 6pm

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For Directions Please Google 'Renewderm Mumbai'

RENEWDERM

SKIN . HAIR . LASERS . AESTHETICS CENTRE

YOUR SKIN
& HAIR
REFLECTS
WHAT YOU
EAT



INTRODUCING-
DIET THERAPY

A Healthy You Inside Will Glow You Outside

We realized that many skin and hair problems have direct connection with our nutrient intake. For permanent results we need to reach the root cause. Hence a complete lifestyle change which includes good nutrition, appropriate physical activity, stress management, good sleep and right hydration levels needs to be worked upon.

We believe in providing the holistic approach while treating our patients therefore lets make food our medicines with the help of a customized diet plan. Make your visit to the Doctor a lifestyle change.

What do we do?

- ✓ Our team of Qualified Doctors and dietitians find out the root cause of your problem.
- ✓ Along with the medical advice we take your diet recall.
- ✓ Nutritional counselling
- ✓ Plan out a diet that suits your food habits and is similar to your food routine.
- ✓ Suggest necessary Lifestyle changes.
- ✓ Follow-up



Our Diets Are

- ✓ Nutritionally balanced
- ✓ Personalized
- ✓ Catalysts in our treatment
- ✓ Antioxidant rich
- ✓ Easy to follow
- ✓ Suggestive of appropriate functional foods

